

PARENT EDUCATION PRESENTATION

TOGETHER WE CAN MAKE A DIFFERENCE



**SUICIDE
PREVENTION IS
EVERYBODY'S
BUSINESS**

Join us to learn about student mental health and discuss a variety of strategies on how you can help break down stigma, recognize risk factors, and prevent suicide.

Guest Speaker, Annette Crag, founder of “With Hope, the Amber Craig Memorial Foundation,” will help educate, equip, and empower parents on mental health awareness and suicide prevention.

Did you know??

- Depression is the leading cause of disability in the world
- 80% of people who seek help for depression are treated successfully
- Strongest risk factor for suicide is depression
- 1 out of 5 high school students will think about suicide during high school
- Research shows that suicide is preventable through education and awareness

THURSDAY, MARCH 24th

6:00 – 7:30pm

Nogales High School

401 S. Nogales Street

La Puente, CA 91744



THE AMBER CRAIG MEMORIAL FOUNDATION

Suicide Prevention through Mental Health Education

www.withhopefoundation.org